

No Holds Barred - Volunteer Profile Form



Volunteering Opportunity Title
Workshop Volunteer
Role Description
You will be supporting the running of our circus skills workshops. Your role will involve the following tasks: <ul style="list-style-type: none">• Being encouraging, and helping participants to feel comfortable and confident• Helping with set up for the session, including refreshments and administration of expenses.• Ensuring required forms are completed by participants at the start of the sessions, including supporting those unable to fill in the forms themselves.• Scribing the discussions at the start and the end of the sessions to help evaluate how well the session has gone.
Skills Required To Apply for this Role
No previous experience is required, just a desire to help with the work and aims of No Holds Barred!
Skills You Will Develop
<ul style="list-style-type: none">• Working with diverse groups and abilities• Communication and interpersonal skills• Organisational skills• Administrative skills• Confidence
Location and Timing
Sessions will take place at Hangleton Community Centre on a weekly basis for 10 weeks. From the xxxx from xx - xxpm
Key Contact Details @ No Holds Barred
Reuben Lisgarten - joinnoholdsbarred@gmail.com
Reward and Recognition
We will provide references and a certificates for work done with No Holds Barred on this project.
Expenses Available for this Role
Volunteers will receive travel expenses for travel to and from the centre, plus up to £5 subsistence per session. All expenses claims must be accompanied by receipts.
Deadline for Application

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15th February 2016

Other Information

This project is funded through the Brighton and Hove City Council Innovation Fund.