

No Holds Barred - Volunteer Profile Form



Volunteering Opportunity Title
Circus Skills Volunteer
Role Description
You will be supporting workshop participants of varying abilities to take part in our circus skills workshops. Your role will involve the following tasks: <ul style="list-style-type: none">• Being encouraging, and helping participants to feel comfortable and confident• Working with the teacher to support participants to do work on different skills and techniques• Helping with proper use of harnesses and equipment• Providing specific support under the guidance of the workshop teacher to those with physical disabilities in adapting to skills and techniques
Skills Required To Apply for this Role
<ul style="list-style-type: none">• Previous experience in teaching or supporting circus skills <p><i>Please note if you have not previously worked with No Holds Barred or the Circus Project we will contact you to discuss your previous experience</i></p>
Skills You Will Develop
<ul style="list-style-type: none">• Teaching and support skills• Circus skills• Working with diverse groups and abilities• Communication and interpersonal skills• Confidence
Location and Timing
Sessions will take place at Hangleton Community Centre on a weekly basis for 10 weeks. From the xxxx from xx - xxpm
Key Contact Details @ No Holds Barred
Reuben Lisgarten - joinnoholdsbarred@gmail.com
Reward and Recognition
We will provide references and a certificates for work done with No Holds Barred on this project.
Expenses Available for this Role
Volunteers will receive travel expenses for travel to and from the centre, plus up to £5 subsistence per session. All expenses claims must be accompanied by receipts.
Deadline for Application

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15th February 2016

Other Information

This project is funded through the Brighton and Hove City Council Innovation Fund.